

**UPLAND HIGH SCHOOL
ATHLETIC CODE OF CONDUCT**

It is the purpose of this Code to establish minimum guidelines for athletes at Upland High School. These standards are meant to enhance the quality of the athletic environment and to establish appropriate levels of behavior for all athletes. They are not meant to displace, in any manner, the authority of the coaches, who may have if they so choose, more stringent guidelines.

Since participation in Athletics at Upland High School is voluntary, violations of this Code will result in disciplinary action, which may be in addition to the due process procedures, which apply to all students in the school.

SECTION I

- A. A thorough physical examination by a qualified physician is required **each year for athletic participation**.
- B. The proper completion and submission of the physical Examination card and the Insurance card is required **before an athlete may try-out or participate in any sport**.
- C. Athletes must reside within the Upland Unified School District attendance area or meet all CIF residency requirements.
- D. All athletes must meet CIF academic requirements. (This and all other phases of eligibility will be certified by the Athletic Director and appropriate Assistant Principal).
- E. The **athlete is responsible** for all equipment issued to him/her. Any lost, missing, or damaged equipment must be paid for, at replacement cost, by the athlete. These charges **must be cleared before participation in any other interscholastic sport**.
- F. The **athlete cannot withdraw** from a sport in order to participate in another sport during the same season.
- G. If the athlete becomes ineligible or leaves the team, for any reason, during the season of sport, he/she **will NOT receive ANY awards**.

SECTION II

The minimum behavior rules set forth in this section are department standards. Coaches may have additional team rules they deem essential to their program. Those rules will be given to each athlete, in writing. This section should not be thought to take from the coaches, their right to determine levels of skill, team qualifications, and attitudes of their athletes.

A. MAJOR VIOLATIONS

Athletes may not at any time, while in the season of sport violate the below stated rules. Violations of this section **WILL** result in suspension (of up to ten weeks) and or exclusion from the athletic program and forfeiture of all athletic awards/honors.

- 1. The use of alcohol, drugs, or tobacco, in any form.
- 2. The continued use of profane language, vulgar behavior, or unsportsmanlike conduct.
- 3. The striking of a coach, official, or spectator.
- 4. Vandalism, theft, or malicious destruction of property.
- 5. Conduct themselves in such a manner as to bring embarrassment to Upland High School.

B. MINOR VIOLATIONS

Violations of this section **MAY** result in disciplinary action taken by their coach.

- 1. Referral from the academic program.
- 2. Continuing poor attendance in any or all classes.
- 3. Misconduct on the field, in the locker room or on campus.
- 4. Disrespectful conduct toward any employee or guest of Upland High School, including opposing teams, spectators, athletic officials, training staff, etc.

All disciplinary actions will be administered by his/her appropriate coach. If that athlete is a member of a lower division team, disciplinary action will be administered with the knowledge of the Varsity Coach.

All athletes shall have the right of appeal. All appeals will be made, **first to the Athletic Director**, and secondly, to the Assistant Principal in charge of Athletics/Activities.

I have read the above Code with my parents/guardians, and will abide by it.

Athlete's Signature

Date

Parent/Guardian Signature

Date

Coach's Signature

Date